



# Hernia Screening Event

Do you think you might have a hernia?

***Common symptoms for hernias include experiencing nausea, having groin pain, and having a bulge in the lower abdomen.***

Join us for FREE hernia-screening and an opportunity to test drive the robotic machine used to assist with surgery.

Enjoy light refreshments, giveaways and much more!

**Date:** Saturday, March 3  
**Time:** 9:00 a.m. – 1:00 p.m.  
**Location:** John Muir Health Medical Center, Concord  
2571 Park Avenue (Cancer Center entrance)  
Concord, CA

**Appointment required, call to schedule**

(925) 941-7900 option 1  
(registration lines open on February 22<sup>nd</sup>)

**For additional health education resources visit:**  
[johnmuirhealth.com/classes](http://johnmuirhealth.com/classes)